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Award-winning Naples Orthopaedic Surgeon Adds Advanced Orthobiologics to Practice

NAPLES, FLA. (FEBRUARY 18, 2025) — Award-winning Naples orthopaedic surgeon Robert J. Zehr, M.D., recently added PPX™ Exosome Therapy to the ever-expanding menu of orthobiologic treatments available at the Zehr Center for Orthopaedics. Manufactured by [ZEO Scientifix](#),™ Patient Pure X™ (PPX™) is a highly-concentrated product that contains billions of bioactive proteins and growth factors **extracted from a patient's own blood** that can help their body's natural ability to decrease cellular inflammation and promote tissue healing.

"Regenerative medicine is providing solutions to orthopaedic conditions that were once only resolved through surgery. Even in cases that must go to surgery, the outcome can often be enhanced by a course of pre- and /or post-operative RM therapy," explains Dr. Zehr. So convinced is he that PPX™ Exosome Therapy can play an important and successful role in treating osteoarthritis that he has administered the exosomes to his own arthritic knee.

Zehr is also a proponent of Alpha-2-macroglobulin (A2M) Plasma treatment, which has been shown to slow the progression of joint deterioration due to mild to moderate joint osteoarthritis. "I have been using A2M treatments on my knee since I brought the product to the west coast of Florida." In fact, a check of the physician locator map for the manufacturer, [Cytonics Corp.](#), shows the Zehr Center to be the only facility in Florida, outside of the Miami area, to offer A2M Plasma Treatment.



Dr. Zehr self-injects PPX Exosomes into his arthritic knee.

The science behind the PPX™ Exosome Therapy, the A2M Plasma Treatment, and other regenerative medicines available at the Zehr Center, is explained on the center's website using illustrative videos and through a growing library of informative articles. For more information visit www.zehrcenter.com/regenerative-medicine or call the office at 239-596-0100.

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About Robert J. Zehr, M.D.: Board-certified and fellowship-trained, with over 35 years of experience, Robert J. Zehr, M.D., specializes in hip and knee replacement surgery. As Southwest Florida's most experienced surgeon in the **direct anterior approach** to total hip replacement, he has performed over 2,800 surgeries using this technique, including Southwest Florida's **first same-day outpatient total hip replacement**. He performed this history-making operation over six years ago at Seaside Surgery Center, Southwest Florida's **first** facility designed and built for outpatient total joint replacements, which he co-founded. Consistently chosen as a Castle Connolly Top Orthopaedic Surgeon, Dr. Zehr has won numerous awards from peers and patients alike.